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**Congratulations on your purchase of Viking Warrior™ double adjustable shock absorbers! You can rest assured that you are getting the best value for your dollar with Viking high performance shocks.**

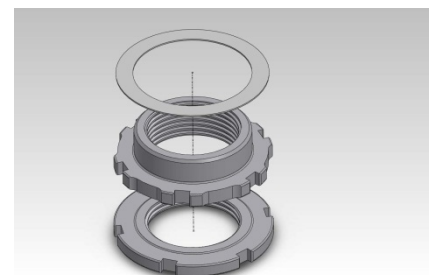
**INSTALLATION / TUNING GUIDE FOR  
 VIKING WARRIOR DOUBLE ADJUSTABLE  
 GM / MUSTANG II KITS  
 [Part Numbers Beginning A201 – A2xx]**

\*Note: It is strongly recommended that you purchase a spanner wrench and thrust bearing kit (part #7995-102) for ease of adjustment.

### INSTALLATION

**Please read these instructions carefully and entirely prior to installing your new Viking shocks.**

1. Verify that your shocks are the correct lengths and mount style before beginning installation. Contact your chassis builder, supplier or Viking if you have any questions.
2. Measure your vehicle's ride height by measuring from the center point of the fender lip down to the ground. Mark the spot you measured to for later reference.
3. Reference your vehicle's owner's manual to determine the proper jacking locations, and the instructions for removing the shocks and springs. **FAILURE TO FOLLOW THE INSTRUCTIONS CAN RESULT IN SERIOUS INJURY OR DEATH.**
4. Jack your vehicle up until the tires do not touch the ground and the suspension hangs freely and remove the wheels. Remove the shocks and sway bar mounts, if applicable, and retain all mounting hardware.
5. **Important:** Ensure that factory or replacement compression bumpers are in place and in good condition prior to installing the shocks. Also check other components on the chassis such as bushings, ball joints, etc. and replace if needed.
6. Use a floor jack to support the lower control arm and remove the cotter pin and ball joint nut from the lower ball joint. Loosen the ball joint stud from the spindle using a tie rod / ball joint separator. **Carefully and slowly** release the lower control arm assembly by lowering the floor jack until the spring can be safely removed.
7. Remove the hardware that retained the stock shock in the lower control arm. Clean the mounting bolt holes thoroughly. You may need to slightly open them using a file or 3/8" drill bit.
8. **Important: Verify the shock body will clear the spring pocket sheet metal. These tolerances varied greatly out of the factory, and this pocket may need to be opened up to allow adequate clearance for the shock body.**
9. Install one stud washer and one bushing (half of the shock stud bushing pack) onto the stud.
10. Fully extend the piston rod.
11. Screw the lock nut (shoulder up) and the spring nut (shoulder up) down to the last thread **only** (See figure on the right).



12. Apply anti-seize to the threads on the nuts and the shock. **If the Viking thrust bearing kit is used (recommended)**, coat both washers with anti-seize. Install the spring seat washer, then the bearing, then the second washer. **If you do not use the thrust bearing kit**, then coat one side of the washer supplied with the shock with anti-seize and place it coated side down on the spring nut. **THE WARRANTY IS VOID AND DOES NOT COVER DAMAGE TO THE SHOCK RESULTING FROM THE FAILURE TO APPLY ANTI-SEIZE PRIOR TO MAKING RIDE HEIGHT ADJUSTMENTS.**
13. Install the spring onto the shock, putting the small end of the spring over the shock body and down onto the spring seat.
14. **For GM Kits:** Install the shock with the T-bar on top of the lower control arm with the adjustment knobs facing out toward the spindle utilizing the 3/8" bolts and nylock nuts. Before tightening, ensure that the shock is centered in the lower control arm.
15. **For Mustang II Kits:** If necessary, drill out the lower control arm bolt holes to the appropriate size depending on the shock style selected. If applicable, insert the bearing in a twisting motion. It may be necessary to press the bearings into the shock. If so, do **not** press on the ball; press only on the race surrounding the ball. Install snap rings on both sides of each bearing and ensure they are fully seated in the loops.
16. Jack the control arm up very slowly until the shock stud extends through the factory mount while vertically rotating the assembly and making sure that the shock is not binding. You may need to also rotate the spring until it is properly located in the factory recesses.
17. Install the upper stud bushing, washer and nut.
18. Reassemble the lower a-arm and the spindle. Torque the spindle nut to factory specifications and insert the cotter pin.
19. Adjust the spring nut up about 1/3 of the way from the bottom of the threads on the shock.
20. Reattach the wheels and torque everything to the specifications defined by the vehicle's manufacturer.
21. Verify that there is clearance around the coil-over shock and that the suspension does not bind at all, even when wheels are turned to full lock position.
22. Carefully place the car on the ground to check clearances again. Lightly bounce the vehicle at each corner to verify that there are not any clearance issues.
23. Measure the ride height as you did prior to installation and ensure that there is sufficient travel in both directions. Ideally, 60% of the shock stroke is available for compression. Adjust the ride height **only** with the weight of the vehicle fully off of the tires. **THE WARRANTY IS VOID AND DOES NOT COVER DAMAGE TO THE SHOCK DUE TO INCORRECT RIDE HEIGHT OR BY MAKING RIDE HEIGHT ADJUSTMENTS WITHOUT THE TIRES RAISED OFF THE GROUND.** Raise or lower the ride height by adjusting the spring nut to achieve the desired ride height. If it is at the extreme top or bottom of the threads, then you may need a softer or heavier spring.
24. Once ride height is correct, spin the lock nut up to the bottom of the spring nut and lock them together using the two spanner wrenches.
25. It is important to note that your **shocks should never be used as a travel limiter**. Straps or cables made for travel limitation should be used prevent topping out. Vehicles used in a manner where they could bottom out the shocks (such as drag racing) should use a higher rate spring and a bump stop to help prevent shock damage. Any shock can be damaged from wheel stands despite bump stops.
26. Have your front end realigned upon completion of installation.

## TUNING AND ADJUSTMENT INSTRUCTIONS

Vehicles used on the street, drag cars, and road racers will all have different needs in terms of shock valving. However, it does not stop there. Driver style / capability, road / track conditions, vehicle type (car vs. pickup, etc.), vehicle weight, horsepower, tires, etc. all create different needs in terms of shock valving. That is the beauty of a double adjustable shock. Your Viking shocks have a total of 19 positions (18 clicks plus a zero position) of adjustment per knob, for a total of 361 different valvings. Compression and rebound are independently controlled on the Viking shocks. The "C" knob adjusts compression, while the "R" knob adjusts rebound. Every Viking shock is tested on a dynamometer prior to shipment to ensure that it is functioning properly. Manually moving a shock is not an accurate testing method for ensuring that shocks are functioning properly. Position zero is the softest setting and is found by turning the knob counterclockwise until the positive stop is located. Position 18 is the stiffest setting. Only very light force is needed to adjust the knobs; do not ever force the knob past its intended stop as doing so will damage the shock.

Recommended baseline points for adjusting your Viking shocks are as follows:

Ride Quality/Street:      Front: 1 - 4 compression; 4 - 8 rebound  
    Rear: 0 - 3 compression; 2 - 5 rebound

In general, for good handling and excellent ride quality, the rebound should be set roughly 2 to 6 clicks higher than the compression. For example, a good starting point for the street is 2 clicks on compression and 6 clicks on rebound on the front and 1 click on compression and 3 clicks on rebound on the rear.

Handling:                      Front: 8 - 10 compression; 10 - 14 rebound  
    Rear: 6 - 8 compression; 8 - 12 rebound

Autocross:                     Front: 10 - 14 compression; 14 - 18 rebound  
    Rear: 6 - 10 compression; 10 - 14 rebound

The handling and autocross settings will vary depending on spring rate. If extra firm springs are utilized, the compression setting might be set softer and the rebound setting firmer.

Drag Racing:                 Front: 12 - 18 compression; 0 - 4 rebound  
 (<600 HP)                     Rear: 0 - 4 compression; 4 - 10 rebound

Drag Racing:                 Front: 12 - 18 compression; 2 - 8 rebound  
 (600-900 HP)                 Rear: 2 - 6 compression; 6 - 12 rebound

Drag Racing:                 Front: 12 - 18 compression; 4 - 12 rebound  
 (>900 HP)                     Rear: 4 - 8 compression; 12 - 18 rebound

**Note: Viking Crusader high force rebound rear shocks are strongly recommended for any vehicle with over 750 HP, especially small tire/drag radial vehicles.**

For drag racing, the racer needs to understand how he wants the car to react. Based on all the factors already mentioned, does the racer want to maximize weight transfer? If so, the front will be set with a stiffer compression and soft rebound, while the rear will have a soft compression and stiffer rebound. If the racer desires to limit weight transfer, the setting will go in the opposite direction.



## OTHER PRODUCTS FROM VIKING

### ***Coil-Over Springs***

**Made in the U.S.A.** Ultra-lightweight, high travel springs provide up to a 25% weight savings over some other springs in the market! Lifetime guaranteed to remain within 2% of the original free height and rate

### ***Rod End & Spherical Bearings, Adjusters, Clevises, Solid Rod Eyes, Jam Nuts***

- Huge selection of styles, materials and sizes
  - o Sizes 3/16" – 1" stocked as standard, larger sizes available upon request
  - o Aluminum and stainless, chromoly and carbon steel bearings stocked as standard
  - o Injection molded loaded slot and two-piece stocked as standard; other styles available special order
- 2 year materials and workmanship warranty

### ***New Products***

- Follow Viking on Facebook at: [www.facebook.com/vikingperformance](http://www.facebook.com/vikingperformance) to get the most up-to-date product releases first!

## WARRANTY

Viking warrants that the products will be free from defects in material and workmanship for two years from date of sale to the original purchaser. Viking makes no other warranty of any kind, express or implied. Viking shall have no obligation under the foregoing warranty where the defect is the result of improper or abnormal use, your negligence, vehicle accident, improper or incorrect installation or maintenance, nor when the product has been repaired or altered in any way. Viking's liability in the case of defective products subject to the foregoing warranty shall be limited to the repair or replacement only, at Viking's option, of the defective products. In no event shall Viking be liable for the cost of procurement of substitute products, or liable for any indirect, special, incidental, consequential or exemplary damages for any reason. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

In order to be eligible for service under this warranty, return the defective part to Viking together with the pre-approved R.G.A. number issued by Viking. Tag each item with the part number and the specific explanation of defect. All returns must be shipped prepaid to: Viking Performance, Inc., RGA # \_\_\_\_\_, 21401 Hemlock Ave., Lakeville, MN 55044.

Purchaser acknowledges that parts and services sold by Viking are exposed to a wide variety of conditions, and that Viking does not have full knowledge of the intended use of the goods. Purchaser agrees to indemnify and hold Viking harmless upon demand against all claims, actions, loss, damage or injury resulting from the direct or indirect use of the products, or purchaser's inability to determine the proper use or application of the products. Viking shall not be liable for any claims, demands, injuries, damages, actions, or causes of action whatsoever to buyer arising out of or connected with the use of any Viking products. MOTORSPORTS ARE DANGEROUS; AS SUCH, NO WARRANTY OR REPRESENTATION IS MADE AS TO THE PRODUCTS' ABILITY TO PROTECT THE USER FROM INJURY OR DEATH. THE USER FULLY ASSUMES THAT RISK. ALL PRODUCTS ARE INTENDED FOR RACING AND OFF-ROAD USE AND MAY NOT BE LEGALLY USED ON THE HIGHWAY. We reserve the right to change specifications without notice.